

Juniors try out triathlon in Limavady



Celebrations after completing the Roe Valley Junior Triathlon. NCL39-31s

OVER 200 children took part in a variety of different events including an Aquathlon, Duathlon and Triathlon last weekend at the Roe Valley Leisure Centre in Limavady.

The event was organised by the Triangle Triathlon Club under Race Director, Mervyn Kelly. There was great excitement as athletes aged from six to 14 took part in multi-discipline sport, many of them for the first time.

Every athlete, whether they finished first or last, received the same t-shirt, the same medal and the same goodie bag. This was all about participation and not about winning.

The Aquathlon was a swim followed by a run; the Duathlon was a run followed by a bike followed

by a run and the Triathlon was obviously swim, bike, run.

Thanks are due to the staff and management of the Roe Valley Leisure Centre, Limavady; Amateur Swimming Club for providing so many of the marshals; the Paramedics; the sponsors namely Altec Solar, Daniel Henry and Kevin Watson; Mervyn's race team which included Iain O'Kane, Gerard Lundy and many others of the Triangle Triathlon Club; and a special word of thanks to Deirdre and Iain O'Kane for looing after the swim starts.

This was the fourth year in which the event had been organised and children came from all over including Bangor, Dungannon, Armagh,

Belfast the maiden city - and even Limavady!

It was particularly good to see parents who are triathletes themselves, introducing their kids to the wonderful world of Triathlon. All the children enjoyed it.

Thanks are also due to St. Mary's School for allowing their pitches to be used and the different distances ensured that everyone had the right distance for their age group.

This race is an annual one run by the Triangle Triathlon Club and the next race being run by the club is a Duathlon in Magherafelt by Race Director, Samantha Convery. The date is Sunday December 16 with kick off 10.00 am at the Mid-Ulster Sports Arena.



This little lad gives the Roe Valley Junior Triathlon a big thumbs up. NCL39-34s



Getting ready for the bike section at the Roe Valley Junior Triathlon. NCL39-32s



Winner! NCL39-27s



Completing the run section of the Roe Valley Junior Triathlon. NCL39-30s



Muddied but proud at the Roe Valley Junior Triathlon. NCL39-28s



Friends celebrate their achievements at the Roe Valley Junior Triathlon. NCL39-29s



Proudly displaying her medal at the Roe Valley Junior Triathlon. NCL39-33s